McKinney Independent School District Counseling Framework

"Support Others Through Service"

Mission: The MISD counselors are a diverse group of service oriented professionals who believe in connecting our students, parents, schools and community with tools and resources for academic, social, and emotional success. MISD Counselors champion the core beliefs of MISD through a focus on:

Individualized success

- To complete school with the academic preparation essential to choose from a wide range of post-secondary options, including college and vocational education
- To acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions
- To know how to employ strategies to achieve future career goals with success and satisfaction

Academic achievement and planning for the future

- To acquire attitudes, knowledge and skills needed for effective learning in school and across the life span.
- To understand the relationship of academics to the world of work and to life in the community

Social connections

- To acquire the knowledge, attitudes and interpersonal skills to help students understand and respect self and others.
- To develop cross cultural competence and effective listening skills

Respect & Responsibility

- To acquire the skills to make decisions, set goals and take necessary action to achieve goals.
- To understand the relationship of personal and social development to life at home and in the community

Emotional well-being and personal growth

- To understand safety and survival skills that support personal health and wellness
- To effectively regulate emotions and cope with life stressors by increasing resilience and other developmental assets

		increasing resilience and other developmental assets	
MISD Counseling Framework- Core Domain 1 Individual Planning	MISD Counseling Framework- Core Domain 2 Guidance Instruction	MISD Counseling Framework Core Domain 3 <i>Responsive Services</i>	MISD Counseling Framework- Core Domain 4 System Support Services
Academic goal setting: • motivation to achieve • connection of academics to goals for work and community life. • Development of future plans including the PGP/4 Year Plan Progress and attendance monitoring and graduation planning Interpretation of standardized test scores Advising and using data to inform course selection/scheduling Indicators	Guidance Top 5: CCR, Character Ed., Substance Use Prevention, Healthy Relationships, Suicide Prevention Personal health and safety; Coordinated health and school health advisory council (SHAC) Interpersonal & intrapersonal effectiveness Social Emotional Learning (MISD Lives Kind) Postsecondary ed. & career readiness; financial aid & scholarships Indicators	Provide students with crisis, remedial, and preventive services including: Dropout prevention and At- risk support services Individual counseling Small group counseling Support for students experiencing homelessness (MV) or those in foster care Grief/Crisis response Transition support for students in DAEP/CRC/JJAEP Indicators	Program Management: Needs Assessment; CPP; Advisory Council; Timetracker; Annual Report MTSS, including consulting and providing supports for students served through SPED, 504, LPAC, and GT Data Analysis, including process, perception, and outcome data Consultation, leadership, advocacy, and professional presentations Professional development (campus, district, or specialized training) Indicators
 Provide Individual Advising: Educational planning Goal setting Graduation requirements 1 Individual student planning session per student per grade. Complete 4 Year Plan (8th grade) PGP review (9th grade) Transition planning & registration support from elementary to middle school, from middle to high school, and from high school to diverse postsecondary options. Individual parent meetings as requested for all grades. 	 In accordance with the MISD MOI, implement Guidance Instruction (minimum required): ✓ 8 Guidance Activities (PK,K): ✓ 20 Guidance Activities (1st - 5th) ✓ 2 Guidance Activities per semester for all grades (6th-12th) 2 Coordinated Health Activities team with committee to address health and wellness mandates 2 CCR Activities/Programs: ✓ College/Career day ✓ Education "Go Get It" Week ✓ Complete Interest Inventory or Career Survey 2 Parent Education Sessions per semester for all grades. 6 Parent Contacts via newsletters, parent information on campus website, campus events, etc. 	 Support Student Needs: Crisis response as needed, including responding to self-harm and suicidal ideation Individual and small group counseling as needed (school counseling services are short- term and non-therapeutic) Direct instruction in self- regulation, emotional literacy, coping strategies, and social skills Assistance with conflict resolution and anger management Short term grief support Parent consultation through home visits, telephone calls and/or conferences as needed Maintain knowledge of community resources and facilitate referrals as needed Develop appropriate community partnerships to meet student and campus needs Refer students to the campus support team, 504 committee and/or ARD committee as needed 	 Support the School Community: Participation in intervention planning and data reviews Participation as needed in ARD, LPAC, or 504 committee meetings Special event planning as needed Participation in campus or district committees/collaborative teams Consultation with administrators, teachers, staff, and parents Provide or support teacher/staff training on topics such as: Intervention strategies Wellness/Stress management Mental health, including signs of distress Needs of special populations Culturally responsive services Trauma informed strategies Relationship building and behavior management Culture of preparedness Preventing child abuse, exploitation, and trafficking Signs of homelessness (MV)
		Documentation Goals:	
	f, students and/or parents to assess ca se to assessed needs and document th		

• Maintain records of student and parent contacts