TEA

The Texas Model for Comprehensive School Counseling Programs



Introductions



Counseling, Advising, and Student Supports

College, Career, & Military Prep Division

Works to ensure that all Texas students have access to high-quality pathways to career and college

Counseling, Advising, and Student Supports Empowers Texas districts to plan, implement, and evaluate a comprehensive counseling program that prepares students for postsecondary success



Introductions

Stephanie Lerner

- Counselor Support Program Manager at the Texas Education Agency
- Counseling, Advising, and Student Supports Team
- Contact: <u>Stephanie.Lerner@tea.texas.gov</u>

My Role:

- Serve as primary point of contact for Texas school counselors (SC)
- Develop SC resources and conduct SC trainings
- Support the strong implementation of a comprehensive counseling program



Presentation Agenda & Objectives

Agenda

- 1. Introduction
- 2. Comprehensive school counseling programs (CSCP) overview
- 3. Principal-Counselor collaboration
- 4. The Texas Model for Comprehensive School Counseling Programs Resources
- 5. Administrator feedback activity
- 6. Conclusion

Objectives The participant will:

- Understand the role of CSCPs in the school environment
- Be prepared to collaborate with school counselors in implementing a CSCP
- Explore and identify resources for *The Texas Model for Comprehensive School Counseling Programs* (Texas Model)





Why is a CSCP Important?

Objective 1 - The participant will understand the role of CSCPs in the school environment.

What is a Texas Model-aligned CSCP?

Definition

A CSCP is a developmental and systematic framework that organizes resources to meet the needs of students through four delivery system components:

- Guidance curriculum large or small group lessons that facilitate student growth in the areas of educational, career, personal, and social development
- Responsive services preventative, remedial, or crisis support for students in their time of need
- Individual planning assistance given directly to students in developing and achieving their academic, career, personal, and social goals
- System support -
 - Counseling program management activities foundational activities that establish, manage, and evaluate the school counseling program
 - Support services indirect student services where counselors coordinate and consult with staff, families, and community to support the student's educational, career, personal, and social development.



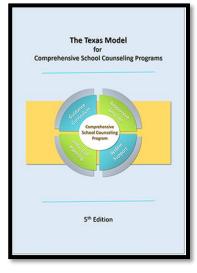
The Texas Model

The Texas Model for Comprehensive School Counseling Programs (Texas Model) is based on the statutory description of Texas school counseling programs and school counselor duties (Texas Education Code [TEC] §§33.005-33.007). The Texas Model is a collaboration between the Texas Education Agency (TEA) and the Texas School Counseling Association (TSCA), which will be further expanded and revised to address changes to statute related to school counseling since 2019.

Following *The Texas Model* to plan, implement, and evaluate your school's CSCP ensures that:

- students receive optimal support
- the counseling program is based upon campus data/goals, the school's mission, statute, and SC professional standards
- the program complies with TEC §§33.005

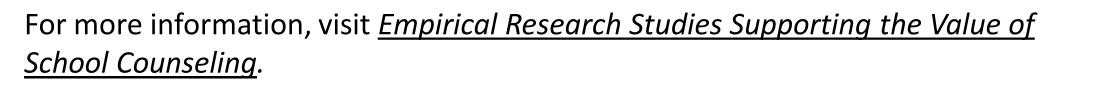


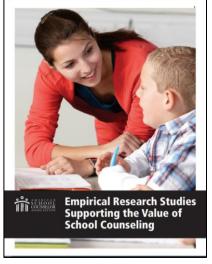


CSCPs Foster Improved Student Outcomes

Student Outcomes

- A CSCP can positively impact K-12 student outcomes in the areas of academic achievement, college and career readiness, and personal development.
- "A growing body of research indicates comprehensive, data-driven school counseling programs improve a range of student learning and behavioral outcomes."
- Students who have greater access to school counselors and comprehensive school counseling programs are more likely to succeed academically and behaviorally in school; this is particularly true for students in high-poverty schools."





(ASCA, 2022)

Programming During Post-Pandemic Times

Why focus on CSCP development in the wake of a pandemic?

- The United States Department of Education (<u>USDE</u>) Report on supporting student mental health found that the pandemic has had a significant impact on students' mental health, adding considerable stress and resulting in notably elevated mental health challenges.
- "70 percent of public schools reported that the percentage of students who have sought mental health services increased since the start of the COVID-19 pandemic."

CSCPs provide a structure for school-based counseling programs, and a starting point to prioritize program components during this challenging time.





Share in the Chat Box: How are you feeling about your school's counseling program this year? What resources do you need?

> (USDE, 2021) (IES, 2022)



The School Counselor's Role

Objective 2 – The participant will be prepared to collaborate with school counselors in implementing a CSCP.

The Law: TEC §33.006 (Senate Bill 179, 87th Legislature, 2021)

What exactly does the law say about SC duties?

SB 179 Section 11 – Amends TEC §33.006

(d) Except as provided by Subsection (e), the board of trustees of each school district shall adopt a policy that requires a school counselor to spend at least 80 percent of the school counselor's total work time on duties that are components of a counseling program developed under Section 33.005.

TEC §33.006 SCHOOL COUNSELORS; GENERAL DUTIES.

(a) The primary responsibility of a school counselor is to counsel students to fully develop each student's academic, career, personal, and social abilities.

(b) In addition to a school counselor's responsibility under Subsection (a), the school counselor shall:

(1) participate in planning, implementing, and evaluating a comprehensive developmental guidance program to serve all students and to address the special needs of students (2-7)

(c) Nothing in Subsection (b)(7) exempts a school counselor from any mandatory reporting requirements imposed by other provisions of law.

(d) Except as provided by Subsection (e), the board of trustees of each school district shall adopt a policy that requires a school counselor to spend at least 80 percent of the school counselor's total work time on duties that are components of a counseling program developed under Section 33.005. For purposes of this subsection, time spent in administering assessment instruments or providing other assistance in connection with assessment instruments, except time spent in interpreting data from assessment instruments, is not considered time spent on counseling. Each school in the district shall implement the policy. A copy of the policy shall be maintained in the office of each school in the district and made available on request during regular school hours to district employees, parents of district students, and the public.



The Law: TEC §33.005 (House Bill 18, 86th Legislature, 2019)

What does the law say about SCs using the Texas Model?

HB 18 Section 11 –

Amends Section TEC §33.005 of the Education Code

This section changes the Developmental Guidance and Counseling Programs to the Comprehensive School Counseling Programs. A Comprehensive program will be considered such if it conforms to the most recent edition of the Texas Model for Comprehensive School Counseling Programs....

TEC §33.005 COMPREHENSIVE SCHOOL COUNSELING PROGRAMS.

(a) A school counselor shall work with the school faculty and staff, students, parents, and the community to plan, implement, and evaluate a comprehensive school counseling program that conforms to the most recent edition of the Texas Model for Comprehensive School Counseling Programs developed by the Texas Counseling Association.

(b) The school counselor shall design the program to include:

(1) a guidance curriculum to help students develop their full educational potential, including the student's interests and career objectives;

(2) a responsive services component to intervene on behalf of any student whose immediate personal concerns or problems put the student's continued educational, career, personal, or social development at risk;

(3) an individual planning system to guide a student as the student plans, monitors, and manages the student's own educational, career, personal, and social development; and

(4) system support to support the efforts of teachers, staff, parents, and other members of the community in promoting the educational, career, personal, and social development of students.



The Law: Continuing Education

TEC, §21.054(e) Continuing education requirements for a principal must provide that not more than 25 percent of the training required every five years include instruction regarding:

(1) effective and efficient management, including:

(A) collecting and analyzing information;

(B) making decisions and managing time; and(C) supervising student discipline and

managing behavior;

(2) recognizing early warning indicators that a student may be at risk of dropping out of school;

(3) digital learning, digital teaching, and integrating technology into campus curriculum and instruction;

(4) effective implementation of a comprehensive school counseling program under Section 33.005;

(5) mental health programs addressing a mental health condition;

(6) educating diverse student populations...

TEC, §21.054(f) Continuing education
requirements for a counselor must provide that not more than 25 percent of training required every five years include instruction regarding:
(1) assisting students in developing high school graduation plans;
(2) implementing dropout prevention strategies;

(3) informing students concerning:

(A) college admissions, including college financial aid resources and application procedures; and(B) career opportunities;

 (4) counseling students concerning mental health conditions and substance abuse, including through the use of grief-informed and traumainformed interventions and crisis management and suicide prevention strategies; and
 (5) effective implementation of a

comprehensive school counseling program under Section <u>33.005</u>.

TEC §21.054 (as well as TEC §33.005 and §33.006), present an opportunity for SCs and administrators to work together to identify appropriate school counselor duties so students receive optimal support.



The Texas Model Encourages Administrators to Collaborate with SCs

Principals are encouraged to meet regularly (i.e., weekly or monthly) with their SCs and discuss how the school's CSCP relates to the Texas Model and meets the students' current needs.

In these meetings, principals and SCs are encouraged to:

- Align the counseling program goals with the overall campus goals or mission
- Discuss the Texas Model's SC Duties chart
- Discuss TEC §§33.005-33.006
- If needed, follow the steps on pg. 117 of the Texas Model to implement a plan so SCs have the time needed to counsel students





The Texas Model Encourages Administrators to Support the School Counseling Program

Section IV of *The Texas Model* provides guidance for how administrators can support their SCs to be most effective.

Section IV includes the following:

- A detailed description of the four service delivery components, including information necessary for effective implementation such as administrator roles within each component
- The identification and discussion of counseling and non-counseling duties to help administrators appropriately allocate campus resources to fully benefit from SCs' expertise
- The School Counseling Pyramid of Program Services which emphasizes the importance of the school administrator's support for the professional discretion and training of the school counselor when providing individual and group counseling services to students
- Guidance that the school counselor works with the campus leadership team to identify and provide services to all students through guidance lessons, small groups, individual planning, and individual counseling, adhering to legal (including state law and board policy) and ethical codes (SBEC, ACA and ASCA) to maintain the safety and well-being of students
 (TEA, 2018)



Collaboration: Real-Life Examples

This video clip shows how a principal works with her school counselors, so students receive optimal support.



https://www.nassp.org/professional-learning/online-professional-development/leading-success/module-9/video-the-counselor-in-the-principalsleadership-circle/ From :45 to 1:30 mark





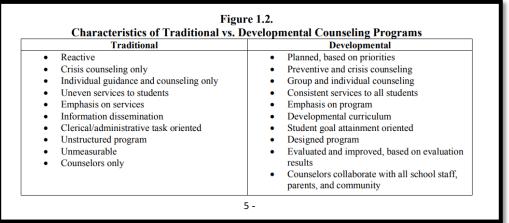
The Texas Model for Comprehensive School Counseling Programs

Objective 3 - The participant will explore and identify resources for *The Texas Model for Comprehensive* <u>School Counseling Programs.</u>

The Texas Model – 5 Sections

- The Introduction lays out all the building blocks of the Texas Model
- Section I breaks down the responsibilities in school counseling
- Section II explains the Program Implementation Cycle
- Section III offers step-by-step instructions and workbook boxes for creating the foundation of the school counseling program
- Section IV covers the role and duties of the school counselor; this section gives step-by-step instructions and workbook boxes for creating the program design of the school counseling program (all tiers covered)
- Section V provides the program guidance curriculum scope/sequence for tiers 1 and 2

Now let's discuss MTSS and how the TX Model fits into the organizational framework of MTSS.

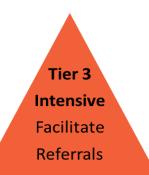


(TEA, 2018)



Multi-Tiered System of Supports in School Counseling

It is important to have "a systemic and coordinated multitiered support system that addresses school climate, the social and emotional domain, and behavioral and mental health" (TEC §37.115). The Texas Model (esp. sections 3-5) fits within the framework of MTSS.



Tier 2- Targeted Group & Individual Counseling/Advisement/ Instruction

Tier 1 - Universal

SC Classroom Instruction, Schoolwide Activities, Student Advisement, Staff/Family Workshops, Community Partnerships

- "Multi-tiered system of supports (MTSS) is a culturally sustaining, evidencebased framework implemented in pre-K–12 schools using data-based problem-solving to integrate academic and behavioral instruction and intervention at tiered intensities to improve the learning and social/emotional functioning of all students."
- Making MTSS Work
- SCs align their program with MTSS by providing direct and indirect interventions at:
 - Tier 1- classroom instruction, schoolwide programming/initiatives
 - Tier 2- small-group and individual counseling, consultation and collaboration with staff, families, community
 - Tier 3- indirect service through consultation, collaboration, referrals (ASCA, 2021).



(Goodman-Scott et al., 2020)

Texas Model CSCP Steps Overview

Planning Steps:

- Counseling Advisory Team (CAT) Creation
- Texas Model Review
- Program Audit
- Data Analysis
- Foundation Creation
- Foundation Publication
- Program Design Creation
- Program Design Publication
- Program Tracking Tool
- Presentation to Administration



Steps:

- Staff Presentation
- •Annual Program Plan Meeting
- Goal Driven Program
- PLC Meetings
- •Administration Meetings
- Program Improvements
- •SC Competencies Review
- •Weekly Schedule Posting





Steps:

- Mid Year Program Audit
- Mid Year Data Mining
- EOY Program Audit
- EOY Data Mining
- Program Modifications
- Transparency

The Checklist - Page One

This checklist explains all the chronological steps to plan, implement, and evaluate a Texas Model-aligned comprehensive school counseling program. Administrators and counselors can use this checklist to collaboratively create or revise their school's counseling program.



Texas Model Alignment Checklist Aligning Your Comprehensive School Counseling Program with the Texas Model



Texas Education Code 33.005 (2019) states that school counselors must "plan, implement, and evaluate a comprehensive school counseling program that conforms to the most recent edition of the Texas Model for Comprehensive School Counseling Programs" (TCA, 2018). This alignment checklist was created to help you do just that! It is divided into the three stages of acquiring a comprehensive school counseling program (CSCP)- planning, inplementing and evaluating. Each stage has various tasks with checkboxes, so that school counselors (SCs) can move through the tasks in a comprehensive and ordered fashion. As you complete each task, check it off and move to the next task. All explanations, descriptions, and page numbers for the following tasks are located in the Texas Model for Comprehensive School Counseling Programs 3th ed. For some of you, creating a CSCP may seem like an overwhelming project- feel free to move through the checklist at a pace that works for you.

STAGE ONE: PLANNING

*Tip: Complete planning stage during May and June for the following school year's CSCP.

 Commit to the action of creating a CSCP by forming a Counselor Advisory Team (CAT) that will engage in the planning tasks below.

*The CAT should include school courselors (from campus and/or district), principal, teacher, community member; other possible CAT members- school therapist, school psychologist, school resource officer, nurse, etc.

- Read the Texas Model for Comprehensive School Counseling Programs 5th ed. (TX Model)
- Assess your current counseling program by completing the Counseling Program Audit (pg. 172) with the CAT, use some audit "absents" to help inform the goals of your CSCP. "If you have no counseling program in place or mostly "absents" on your audit, don't get discouraged. Just work through this checklist and remember that we all have to start somewhere.
- Compile and analyze school data with the CAT to determine student needs (pgs. 57-66).
 *If you are just starting out, choosing just 1-2 data sources from these pages is fine in order, to avoid overwhelming your team with too much data.
- Create your CSCP Foundation by working through Section III of the TX Model with the CAT, completing each of the activity boxes within the section.
 - Mission Statement
 - Definition
 - Rationale
 - Assumptions
 - Goals
 Program Design Priorities
- Program Design Fronties
 Write your foundation in a document to share with community/staff/administration.
 * See example foundation template, if needed.
- Create your CSCP Program Design with the CAT by working through Section IV of the TX Model, completing each of the activity boxes within the section and then making a yearly calendar (divided into months), and program balance chart/weekly schedule. Completing each of the bulleted items below will guide you in designing the specifics of your program.
 - Guidance Curriculum Services
 - Campus Responsive Services
 - Independent Planning Priorities
 - Monthly Calendar (pg. 105)- Use the Section V content/topics for your calendar, as needed.
 - Program Balance Chart (pgs. 121-124)- You can turn this chart into your weekly schedule.
- Compile your program design elements (activity box information, calendars, etc.) in a document to share it with stakeholders.

* See example program design template, if needed.

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The Checklist - Page Two



- Set up your Counseling Program Tracking and Data Analysis Report tool.
- *Use the templates on pgs. 107, 125 to guide you in and keep track of how you are spending your time; alternately there are many other excellent tracking and report tools such as <u>ASCA's Use of Time assessment</u>, a simple self-created Excel sheet, SCUTA, <mark>EZAnaiye</mark>, etc.
- If this hasn't already occurred through the CAT, present all of your planning work to your principal for approval; be sure to give them a copy of all documents.

STAGE TWO: IMPLEMENTING

- Work with your principal to briefly present the CSCP to staff on your campus. *For example, you might just present your CSCP's mission, goals and calendar, during the BOY staff meeting.
- Complete an Annual Program Plan with your principal-review your Job Description/Program Balance together to guide this meeting; both SC/s and principal should initial/receive copy of the Annual Program Plan once all are in agreement.

*Prep your job description (pg. 169) and program balance (pg. 123) before the meeting, then your principal can review the plan and suggest modifications, as needed. For a streamlined Annual Program Plan- see <u>ASCA's Annual</u> <u>Agreement Template</u>.

- Use your CSCP goals, weekly schedule, and calendar to drive your daily tasks and interactions with students/community.
 - *Set a weekly time for reviewing alignment between your CSCP goals/calendar and your daily tasks.
- Meet regularly with your professional learning community (PLC) or and CAT to review CSCP goals, monthly calendars, data from Counseling Program Tracking tool, etc.
 *These regular reviews will guide your team in analyzing progress, identifying areas of concern, and determining next month's <u>guidence(counse)</u> program activities.
- Meet regularly with your principal to review CSCP goals and give updates/data on completed calendar activities. *In these meetings, share data from your student activities (i.e., guidance lesson pre/positest, decreased discipline referrals of group members during group sessions, etc.). Also, share data from your Counseling Program Tracking tool data to show how you spent your time that month compared with the Recommended Program Balance Service Distribution (pg. 125). Share counseling program needs (i.e., less non-counseling duties) if your tracking tool shows that you are out of compliance with the program balance recommendations, with Texas Education Code 33.006 regarding the primary responsibility of the school counselor, or with the appropriate duties of the school counselor according to pp. 119 of the Texas Model.
- Make program improvements as needed during implementation.
- Review school counselor competencies (pg. 22-27) at least 2x per year.
- Prominently display your weekly schedule throughout the school (i.e., the door to your counseling classroom and/or office, the front office, etc.)

STAGE THREE: EVALUATING

- At the mid-year point, fill out the School Counseling Program Audit (pg. 172-178) with the CAT to note progress or weak areas to focus on.
- At the mid-year point, data mine with the CAT to check on progress achieving goals.
 *Use one or more of the same data points from pgs. 58-66.
- At the end of the school year, fill out the School Counseling Program Audit (pg. 172-178) with the CAT again and compare it with the BOY Audit to identify areas of progress and need. *Present this data to admin/staff.
- At the end of the school year, data mine with the CAT to determine if goals were achieved.
- *You can use same planning data points from pgs. 58-66.
- With the CAT, determine CSCP aspects/activities to continue or to modify

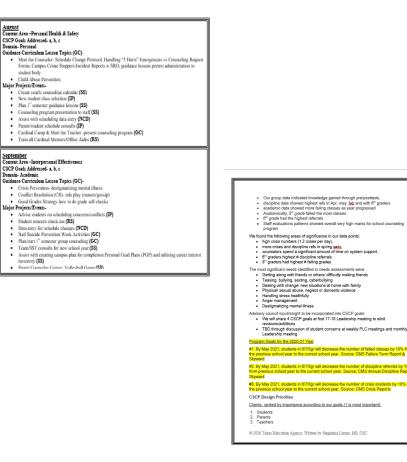
References Comprehensive School Counseling Programs, Texas Education Code, §33.005 (2019). School Counsellor General Duties, Texas Education Code, §33.006 (2017). Texas Counseling Association. (2018). The Texas reade for comprehensive aclosed counseling programs (5th ed.). Austin, TX: Texas Counseling Association.

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Example CSCP

Feel free to use the example as a template for your own school or district CSCP.



This calendar is based on the following guidelines.					
1. The TEA Model School Counseling Program Guide Components and Content Areas of:		w	eekly Schedule	Program Balance	Example Templa
Components Content Areas	TIME	MONDAY	TUESDAY	WEDNES	THURSDAY
Guidance Curriculum Interpersonal Effectiveness Responsive services Intrapersonal Effectiveness	8-8:30	Crisis Eallowap. (RS)	Staff Referrals/SST (SS)	Crisis Ealkowap (RS)	Staff Referrals/SST (SS)
Individual Planning Personal Health and Safety System Support Post Secondary Planning and Career Readiness	8:30-9	Student Concerns (RS)	Student Concerns (RS)	Student Concerns (RS)	Student Concerne (RS)
System Support post Secondary Planning and Career Readmess	9-9:30	New Student Scheduling/ Advising (IP)	Guidance Lessons (GC)	New Student Scheduling/ Advising (IP)	New Student Scheduling/ Advising (IP)
2. The three program goals of the CMS Comprehensive School Counseling Program of 2020-21:	9:30-10	New Student Scheduling/ Advising (IP)	Guidance Lessons (GC)	New Student Scheduling/ Advising (IP)	Group Counseling (GC)
Program Goals for the 2020-21 Year	10- 10:30 10:30-	New Student Scheduling/ Advising (IP) Individual	Guidance Lessons (GC) Guidance	New Student Scheduling/ Advising (IP) Individual	Group Counseling (GC) Group
a. By May 2021, students in 6/7/8gr will decrease the number of failed classes by 10% from previous year to current school year. Source: SMS Failure Term Report & Skyward	10:30- 11 11- 11:30	Sessions/Referrals (RS) Individual Sessions/Referrals	Guidance Lessons (GC)	Sessions/Referrals (RS) Individual Sessions/Referrals	Group Group Counseling (GC)
	11:30-	(RS) Individual	Guidance	(RS) Counselor Corner	Group
b. By May 2021, students in 6/7/8gr will decrease the number of discipline referrals by 10% from previous school year to current school year. Source: CMS Annual Discipline	12	Sessions/Referrals (RS) Individual	Lessons (GC) Guidance	during Student Lunches (RS) Counselor Corner	Counseling (GC) Group
Report & Skyward	12:30	Sessions/Referrals (RS)	Lessons (GC)	during Student Lunches (RS)	Counseling (GC)
b. By May 2021, students in 6/7/8gr will decrease the number of crisis incidents by 10% from previous school year to current year. Source: CMS Crisis Reports	12:30-1	Individual Sessions/Referrals (RS) Individual	Guidance Lessons (GC) Guidance	Counselor Corner during Student Lunches (RS) Individual	Group Counseling (GC) Group
	1:30-2	Sessions/Referrals (RS) In School	Lessons (GC) Guidance	Sessions/Referrals (RS) In School	Counseling (GC) Group
3.Campus Improvement Plan Goals:	2-2:30	Suspension Conferences (RS) New Student	Lessons (GC) Guidance	Suspension Conferences (RS) New Student	Counseling (GC) Group
Goal 1: Increase student success through expanded opportunities for all students with a focus on college and career readiness.	2:30-3	Scheduling/ Advising (IP) New Student	Lessons (GC)	Scheduling/ Advising (IP) New Student	Counseling (GC)
Goal 2: Increase collaboration with stakeholders through consistent procedures, practices,	3-3:30	New Student Scheduling/ Advising (IP) New Student	Guidance Guidance	New Student Scheduling/ Advising (IP) New Student	Group Counseling (GC) Group
and communications.	3:30-4	Scheduling/ Advising (IP) Session Enloyage	Lessons (GC) Session	Scheduling/ Advising (IP) Session Eallowap(Counseling (GC) Session
Goal 3: Increase engagement of school community in addressing growth issues while maintaining focus on the CMS Mission.		Beoundkaing (SS)	Ealloward Basadarias (SS)	Reportations (SS)	Ealkorada Banadading (SS
Goal 4: Maintain financial strength and stability while addressing needs and providing appropriate resources.	62	020 Texas Education	Agency. Writter	ı by Stephanie Lemer	, MS, CSC
Goal 5: Provide a safe and supportive learning environment.					

School Counselor Evaluation Information

School Counselor Evaluations

Districts evaluate school counselors using evaluation tools that are based on the Texas Education Code's duties of a school counselor, TEC §33.006. It is important to avoid evaluating school counselors according to criteria developed for classroom teachers or other educational professionals. Below are links to some helpful evaluation tools and information for school counselors and administrators.

Resources:

- TEC §21.356: Evaluation of School Counselors
- The American School Counselor Association's School Counselor Performance Appraisal
- Texas School Counselor Evaluation & Support System (T-SCESS)
- The Texas Evaluation Model for Professional School Counselors, 3rd Edition (TEMP-SC)
- Appropriate and Inappropriate Duties for School Counselors, page 119





Administrator Feedback & Resources

Survey

TEA will collaborate with TSCA to update *The Texas Model* after the next legislative session. We will seek input from stakeholders across the state and the input of administrators is critical. Please take this brief survey and, if you would be willing to participate in additional stakeholder opportunities, provide your contact information in the Additional Comments portion of the survey. Thank you.

Feedback Survey:





Discussion

Unmute yourself and let's discuss:

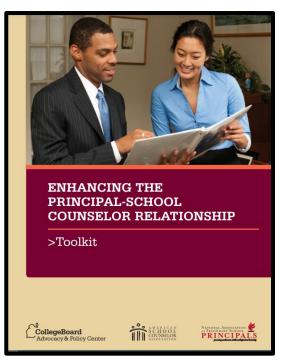
- How do you see *The Texas Model* improving student outcomes?
- How do you see *The Texas Model* improving school climate?
- What are potential challenges of implementing *The Texas Model* on your campus or district?
- What obstacles have you experienced (or do you expect to experience) in ensuring your school counselors have the capacity to provide a CSCP that is aligned to *The Texas Model*?
- What are potential solutions to overcome these obstacles?



Administrator Resources

Each of the resources below has information specifically focused on administrator support and training.

- <u>The Texas Model -</u> The model addresses administrator support in the CSCP; you can find especially helpful strategies in Section 4 and on pages 110-114.
- Exploring the Dynamics of a Changing Relationship This document provides guidance from NASSSP on crucial aspects to collaboration between principals and counselors.
- Enhancing the Principal-Counselor Relationship This document is an extensive toolkit form the College Board.





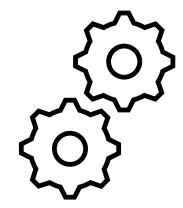


Conclusion

Let's Review...

A brief review of the main topics we covered in this presentation today:

- Definition and importance of Texas-model aligned CSCPs
- Collaboration around state statutes regarding *The Texas Model* and SC duties
- Resources to plan, implement, and evaluate a CSCP aligned to *The Texas Model*





Questions?



Contact Information:

Stephanie Lerner

Counselor Support Program Manager Counseling, Advising, and Student Supports Team Texas Education Agency Stephanie.Lerner@tea.texas.gov



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